



# ENERGY STAR CERTIFIED Computers (Bold)

## Apple - MacBook Pro 14-inch : MPHE3

### Specifications

ENERGY STAR Unique ID:	3814701
Brand Name:	Apple
Model Name:	MacBook Pro 14-inch
Model Number:	MPHE3
Type:	Notebook
Category 1: Processor Brand:	Other
Category 1: Base Processor Speed Per Core (GHz):	3.2
Category 1: Physical CPU Cores (count):	8
Category 1: System Memory (GB):	16
Category 1: Default Low-power Mode:	Sleep Mode
Category 1: Long Idle Power Used for Sleep Mode:	No
Category 1: Off Mode (watts):	0.1
Category 1: Sleep Mode (watts):	0.2
Category 1: Long Idle (watts):	0.9
Category 1: Short Idle (watts):	4.1
Category 1: Base TEC Allowance (kWh):	14
Category 1: Functional Adder Allowances (kWh):	24.1
Category 1: TEC of Model (kWh):	12.7
Category 1: Operating System Name:	Mac OS X
Ethernet Capability:	No
Touch Screen:	No
Date Available On Market:	2023-01-17
Date Certified:	2022-11-30
Markets:	United States, Switzerland, Taiwan, Japan, Canada
ENERGY STAR Certified:	Yes

### Additional Model Information

MacBook Pro 14-inch,MPHH3,

**UPC Codes** 194253317791, 194253317975, 194253318248, 194253318422, 194253318699, 194253318873, 194253319146, 194253319320, 194253319597, 194253319771, 194253320043, 194253320227, 194253320548, 194253320623, 194253320777, 194253320852

**Captured On:**  
04/25/2025