



## ENERGY STAR CERTIFIED Computers

### Apple - MacBook Pro 14-inch (M3 Pro or M3 Max) : MRX33

| Specifications                                   |                                                   |
|--------------------------------------------------|---------------------------------------------------|
| ENERGY STAR Unique ID:                           | 3814887                                           |
| Brand Name:                                      | Apple                                             |
| Model Name:                                      | MacBook Pro 14-inch (M3 Pro or M3 Max)            |
| Model Number:                                    | MRX33                                             |
| Type:                                            | Notebook                                          |
| Category 2: Processor Brand:                     | Other                                             |
| Category 2: Processor Name:                      | M3 Max                                            |
| Category 2: Base Processor Speed Per Core (GHz): | 3.6                                               |
| Category 2: Physical CPU Cores (count):          | 16                                                |
| Category 2: System Memory (GB):                  | 128                                               |
| Category 2: Default Low-power Mode:              | Sleep Mode                                        |
| Category 2: Long Idle Power Used for Sleep Mode: | No                                                |
| Category 2: Off Mode (watts):                    | 0.1                                               |
| Category 2: Sleep Mode (watts):                  | 0.4                                               |
| Category 2: Long Idle (watts):                   | 1.3                                               |
| Category 2: Short Idle (watts):                  | 4.6                                               |
| Category 2: Base TEC Allowance (kWh):            | 14                                                |
| Category 2: Functional Adder Allowances (kWh):   | 57.0                                              |
| Category 2: TEC of Model (kWh):                  | 14.6                                              |
| Category 2: Operating System Name:               | MacOS                                             |
| Ethernet Capability:                             | No                                                |
| Touch Screen:                                    | No                                                |
| Date Available On Market:                        | 2023-10-30                                        |
| Date Certified:                                  | 2023-10-02                                        |
| Markets:                                         | United States, Switzerland, Taiwan, Japan, Canada |
| ENERGY STAR Certified:                           | Yes                                               |

# Additional Model Information

MacBook Pro 14-inch (M3 Pro or M3 Max),MRX43;; MacBook Pro 14-inch (M3 Pro or M3 Max),MRX53;; MacBook Pro 14-inch (M3 Pro or M3 Max),MRX63;; MacBook Pro 14-inch (M3 Pro or M3 Max),MRX73;; MacBook Pro 14-inch (M3 Pro or M3 Max),MRX83;; MacBook Pro 14-inch (M3 Pro or M3 Max),Z1AU;; MacBook Pro 14-inch (M3 Pro or M3 Max),Z1AV;; MacBook Pro 14-inch (M3 Pro or M3 Max),Z1AW;; MacBook Pro 14-inch (M3 Pro or M3 Max),Z1AX;; MacBook Pro 14-inch (M3 Pro or M3 Max),Z1AY;; MacBook Pro 14-inch (M3 Pro or M3 Max),Z1AZ,

|           |                                                                                                                                                                                                                                                            |
|-----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| UPC Codes | 195949000034, 195949000041, 195949000058, 195949000065, 195949000072, 195949000089, 195949076480, 195949076923, 195949077364, 195949077807, 195949078248, 195949078682, 195949079351, 195949079443, 195949337383, 195949337406, 195949337413, 195949337420 |
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Captured On:  
04/25/2025